

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

BACKSTRONG VARIABLE ANGLE ROMAN CHAIR

The Backstrong Variable Angle Roman Chair (or as we call it, "The VARC") is a great bodyweight bench for those looking to increase their abdominal and lower back strength. Various angles and adjustments give this roman chair (and your athletes) an advantage over other equipment.



KEY FEATURES:

- Adjustments: 0, 15, 35, 45, 60 & 75 degree angles
- Gas-assisted angle selector
- Adjustable "flat" thigh pads
- 11 ga. and 7 ga. steel construction
- Heavy duty angle lock system
- Tilt engage wheels
- Gas assist shock
- Large foot plate
- Patented design

Overall Dimensions:

46 11/32' (H) x 32 23/32" (W) x 61" (D)
200 lbs. (Approximate Weight)
375 lbs. (Maximum User Weight)

Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

Part Number:

82696A

powerliftusa.com
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